

Meadowside School Personal Social and Health Education



Long Term Plan: Sep 2018

Key Stage Three – 3 year rolling programme based on PSHE Association Core Areas						
YEAR	AUTUMN	SPRING	SUMMER			
1 2018/19	Drugs	Risk	My world and the wider world			
British Values	Resilience and self-esteem Rule of law	Individual liberty Democracy	Individual liberty			
2 2019/20	Health and well being HEALTH	Relationships	Keeping safe			
British Values	Resilience and self-esteem Rules of Law	Resilience and self-esteem Individual liberty	Resilience and self-esteem			
3 2020/2021	Keeping Healthy change 4 Life	Keeping safe	Relationships			
British Values	Eat well Move more Live longer Resilience and self-esteem	Resilience and self-esteem Individual liberty	Mutual respect for and tolerance Individual liberty Democracy			

KEY STAGE 4 and 5 5 year rolling programme						
YEAR	AUTUMN	SPRING	SUMMER			
1	SRE	Risk	My world and the wider world			
2018/19						
British Values	Individual liberty Resilience and self-esteem Mutual respect for and tolerance	Individual liberty Democracy	Rule of law Individual liberty			
Accreditation	AQA PSE Entry Level Unit 3 Sex and Relationship Education / AQA Unit Award Scheme PSE011 110600 108138					
2 2019/2020	Keeping safe	Relationships	Drugs			
British Values	Resilience and self-esteem Individual liberty	Resilience and self-esteem Mutual respect for and tolerance	Rule of law Resilience and self-esteem			
Accreditation	AQA PSE Entry Level Unit 10 Personal Sa	iety / AQA Unit Award Scheme PSE046 108947 10847	3			

3	Health and well being	SRE	Risk			
2020/2021	HEALTH					
			Including prevent			
British Values	Resilience and self-esteem Individual liberty	Individual liberty Resilience and self-esteem Mutual respect for and tolerance	Individual liberty Rules of law			
Accreditation	on AQA PSEntry Level Unit 6 Healthy Lifestyles / AQA Unit Award Scheme PSE026 99253 110862 84884					
4 2021/2022	My world and the wider world	Relationships	SRE			
British Values	Resilience and self-esteem Rules of Law Mutual respect for and tolerance	Individual liberty Mutual respect for and tolerance	Resilience and self-esteem Individual liberty			
Accreditation	AQA PSE Entry Level Unit 11 Being a Critical Consumer / AQA Unit Award Scheme PSE051 PSE 052 106943					
5	Drugs	Keeping Healthy	Keeping safe			
2022/2023		4 Lifes	STAY SAFE			
British Values	Rule of law Democracy	Resilience and self-esteem	Mutual respect for and tolerance Individual liberty			
Accreditation	AQA PSE Entry Level Unit 2 Drugs Education /AQA Unit Award Scheme PSE 006 110514 84209					