



Meadowside School P.E. Learning Journey

YOU in P.E.

Head (cognitive)

Knowledge & Understanding

Problem solving

Decision making

Tactics

Rules

Independent Thinker



Heart (Social)

Leadership

Communication

Attitude

Respect

Resilience

Effort



Body (Physical)

Physical Development

Skill Development

Skill Application

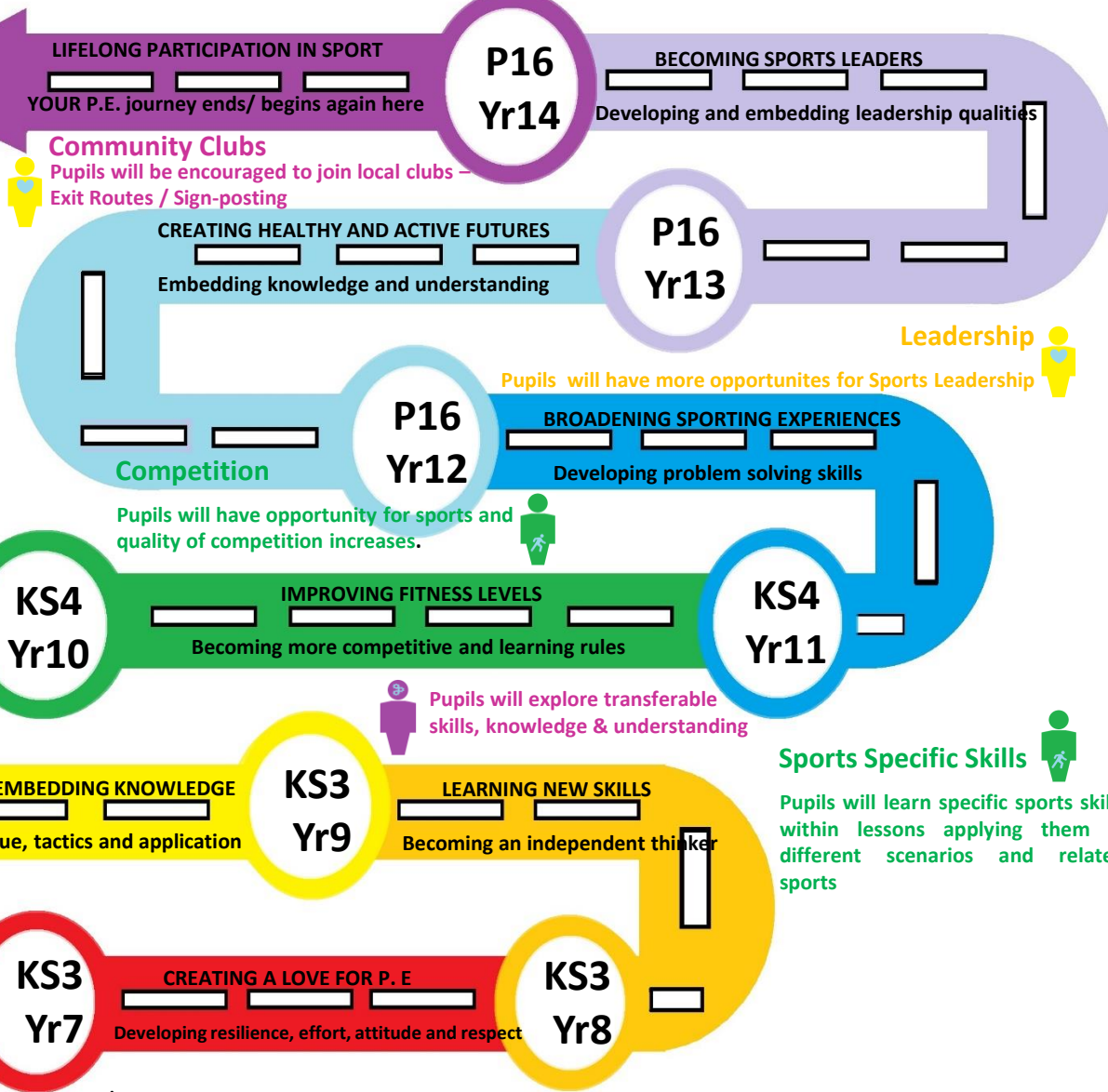
Fitness

Technique

Competitive



Pupils will leave with a love of PE, physical activity & sport. They will engage in opportunities, clubs, teams, where they can choose more active and healthy lifestyles



Strategies, Tactics, Rules, Roles

Pupils will develop greater understanding of strategies, tactics and rules for sports. They will take on different roles (e.g. umpire, coach)



YOUR P.E. journey starts here



Pupils will be introduced to competition – Intra / Inter Sportsday / Panathlon / School Games