

Life Skills Roadmap

Key Stage 3 topics are built upon in the Key Stage 4 and Post 16 curriculum. Prior learning helps to develop a pupils 'sticky' knowledge and consolidate greater understanding and independence skills. Pupils are encouraged to give opinions and to adapt practical lessons to what they want to learn. Lessons are adapted to be suitable for the pupils whom we teach.

Life Skills incorporates respect and equality towards one another, an appreciation of their own and other cultures. Lessons encourage independence, team and leadership skills and helps pupils to build skills to prepare them for life after leaving Meadowside. Life Skills also link to careers education to support pupils with skills to assist college courses, voluntary or paid employment associated with the hospitality industry.



Post 16

Key
Stage
4

Post 16 Builds upon prior learning and understanding to develop further independence to help support a pupil when they leave Meadowside School. Practical cookery lessons involve Maths skills such as time & measure, healthy eating, adapting recipes, hygiene and safety, multi-cultural foods, cloth care and running a classroom based café. Shopping lessons develop safety awareness, money skills and English is incorporated throughout the topics with recipes, shopping lists, finding information/research, asking questions with leadership, team and individual skills developed.
AQA accreditation

Key
Stage
3

Key Stage 3 Learning from topics that help to support greater independence Lessons use theory and practical activities based on hygiene, personal care, safety, cleaning, clothing, dressing skills and healthy eating and basic practical skills (drinks & snacks)

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Key Stage 4 Building upon KS3 learning lessons are mainly practical activities to develop basic cookery skills to make a range of snack/baked food items (learning about basic nutrition, using safety, hygiene and practical Maths & English skills) to help support pupils greater independence, team member and leadership skills.
AQA accreditation included.