

LTP: Life Skills KS4 British Values links: Encourages respect towards one another through team work and appreciation of their own and other cultures

Every child matters- stay safe, be healthy, enjoy & achieve, make a positive contribution

Key Stage 4	Autumn	Spring	Summer
Unit Title	Celebration Foods	Eating on a Budget	Home Management & Summer Foods
Key areas	<p>Developing upon existing practical skills & knowledge. Topic: Rules & expectations, safety & hygiene. Pupils make/taste food products and ingredients associated to some of the celebrations and festivals (multi-cultural, religious /non- religious events) that may occur during the autumn term.</p>	<p>Developing upon existing practical skills & knowledge (practical, safety, nutrition, maths skills). Topic: Pupils recap/develop understanding upon on KS3 topics (Healthy Living) and learn how to make basic food products on a budget. This topic involves using food cupboard essentials, recipe research and food costs.</p>	<p>Developing upon existing practical skills and knowledge. Topic: Home Management- Cleaning tasks- floor care, fridge, dishwasher, bed making and laundry. May include: money skills (money recognition, paying bills, budgeting).</p>
Accreditation	<p>Practical: hygiene and safety, food tasting, research, cooking with basic recipes.</p> <p>Life Skills accreditation topic link: AQA Unit Awards (choice includes) Food Hygiene Celebration Foods</p>	<p>Practical: hygiene and safety (continues to be embedded), organisational skills (knowledge & development), research, food labels, storage following instructions and making budget products.</p> <p>Life Skills accreditation topic link: AQA Unit Awards (choice includes) Food Storage/Food Labels/Making Basic Snacks</p>	<p>Summer Foods-Learning about seasonal foods, making salads, picnic and snack foods.</p> <p>Practical: Product and equipment usage for cleaning, washing, ironing, sewing (repair), money tasks and making foods related to season/summer.</p> <p>AQA accreditation completion</p>
Skills Focus	<p>Life Skills develops: independence, team work, organisational, confidence, self-reliance, communication (speaking, listening, writing) and maths skills (weigh, measure & time)</p>		
	<p>Practical Skills: basic health and safety understanding, equipment usage basic and practical skills</p>	<p>Practical Skills: developing/demonstrating health & safety and practical skills development (equipment usage, food preparation).</p>	<p>Practical Skills: demonstrating practical hygiene, (knowledge/understanding) safety, money and cookery skills</p>
Key Vocabulary	<p>Hygiene, safety celebrations, festivals, recipe, ingredients, instructions, weigh/measure, time, cooking terminology</p> <p>English, Maths, Geography, RE, Citizenship</p>	<p>Healthy living, storage, essentials, method, portion, research, money, budget, prepare/organise, team work</p> <p>English, Maths, Science, PSHE</p>	<p>Home management, household, clean, safety, seasonal ingredients, produce, money skills (budget, bills)</p> <p>English, Maths, Science, Horticulture</p>

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Key Stage 4	Autumn	Spring	Summer
Unit Title	British & European Foods	Healthy Lifestyles	Maroon Café
Key areas	<p>Developing upon existing practical skills.</p> <p>Topic: Re-cap rules & expectations, health & safety awareness. Pupils to make a range of traditional British & European snack/bakery food products.</p> <p>Practical: hygiene and safety (knowledge & development), research, voting, practical basic baking skills /terminology</p> <p>Life Skills accreditation topic link:</p>	<p>Developing upon prior knowledge and understanding of a healthy lifestyle.</p> <p>Topic: Importance of diet (recap/develop understanding of basic nutrition), keeping clean and exercise. Pupils to make a range of healthy food and adapt recipes (ingredients /methods to make them healthier).</p> <p>Practical: hygiene, safety, organisation skills (knowledge & development), food labels, research, practical skills development. Topic may include different cleaning tasks kitchen and household.</p> <p>Life Skills accreditation topic link:</p>	<p>Developing upon existing practical skills & knowledge.</p> <p>Topic: Pupils to make a range of snack/ food products made previously that they can sell to pupils and staff at school. Maths and communication skills link to this topic with job roles (Cashier, Chef/Baker). Profits to charity.</p>
Accreditation	<p>AQA Unit Awards (choice includes)</p> <p>Pastry/Introduction to Baking</p> <p>Introduction to Baking Terminology</p> <p>Preparing and Baking Scones</p>	<p>AQA Unit Awards (choice linked to)</p> <p>Healthy Living Healthy Living: Food Groups</p> <p>Basic Nutrition: Healthy Living</p>	<p>Practical: hygiene safety, organisation, team work & independence skills, research, posters, bake & make (recipe development)</p> <p>AQA accreditation completion</p>
Skills Focus	<p>Life Skills develops: independence, team work, organisational, confidence, self-reliance, communication (speaking, listening, writing) and maths skills (weigh, measure & time)</p>		
	<p>Practical Skills: developing practical skills, baking techniques/terminology understanding, equipment usage (includes mixers), ICT & individual creativity</p>	<p>Practical Skills: developing/demonstrating nutritional understanding, healthy choices, equipment usage (includes blenders) and cookery skills</p>	<p>Practical Skills: demonstrating greater independence & team skills, making & selling products (sales & maths skills)</p>
Key Vocabulary	<p>Hygiene/safety, prepare, traditional, British, European, voting, measure/equipment/methods (various)</p> <p>English, Maths, Geography, Citizenship</p>	<p>Nutrition/nutrients, vitamins/minerals, lifestyle, seasonal, recipe adaption, independence, team work</p> <p>English, Science, PSHE</p>	<p>Skills, organisation, survey, safety, price/sale/cost/profit /bills, portion, advertise/promote, presentation, charity</p> <p>Careers, Maths, English, Citizenship</p>
Links to other subjects			