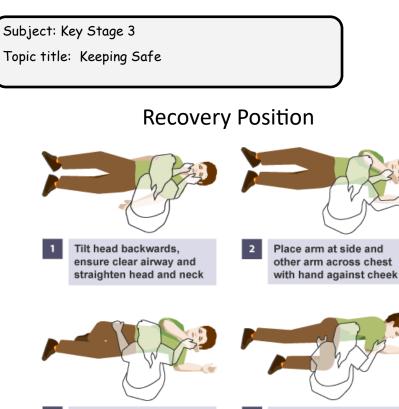


Keywords

Safety	Personal
Home	School
Community	Recovery
CPR	ACT

Run, Hide, Tell



Roll person over towards you with knee at angle and ensure head is supported

4



Bring far knee up to a

90° angle



 6. If you've had training, repeat cycles of 30 chest pushes and 2 rescue breaths







Safety at Home



Safety at School



Safety in the community



Do you know what to do if there is a lockdown because of a weapon attack?