Meadowside School

Subject: PE KS3 Topic title: Tag Rugby



Pass	Catch	Dodge	Tag	Keep posses- sion	Keep control	Make and use space
Support	goals	Points	Tactics	Rules		







Rules of the Game

- Tag Rugby Rules
- After being tagged, the ball carrier has 3 seconds to pass the ball, in this time they can also take 3 steps, if they are within 2 steps of the try line, they can score.
- Players making the tag must shout 'TAG' and then hold the tag above their head.
- Offside line is the ball after a TAG; any defending players obstructing the pass are offside. Penalty as a result.
- Tap & pass acts as restart for all purposes. Defending team must be back 5 metres.
- There should be no contact in Tag Rugby at all. A Penalty will occur against offending players.
- A try will be disallowed if the player dives or drops onto two knees/or dives in the act of a score. If a player has slipped or been pushed the referee has final decision.
- Defending players who dive for the TAG will be penalised as will players who come off their feet trying to recover a loose ball.
- Any hand-offs, protecting tags, shirt pulling, over zealous spinning or unnecessary contact will be penalised.
- Players must give the Tag back after a successful tag.
- Two hands must be on the ball at all times, unless they have broken away and clear of any defenders. Penalty against offenders.
- No forward passing Sideways & Backwards passing only!



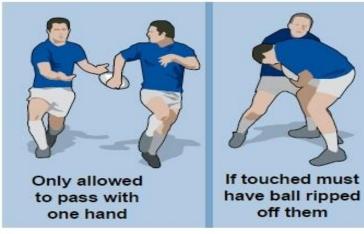
Subject: PE 14-19 Topic title: Touch Rugby



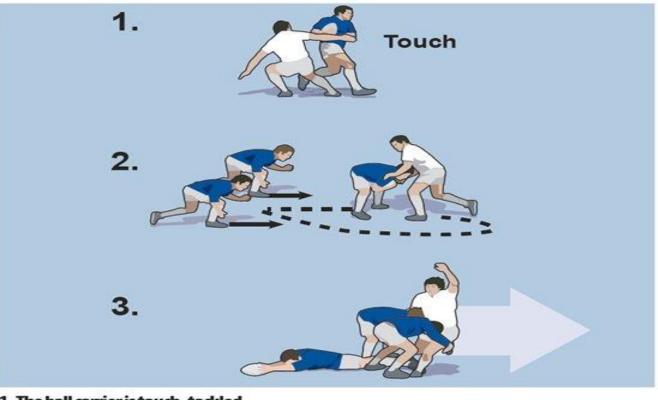




Possession	Catch	Dodge	Pressure	Two touch	Tackle	Onside
Keep control						
Make and use space						
Ruck	Defence	Attack	Kick	Game play	Tactics	Rules







- 1. The ball carrier is touch-tackled.
- 2. The touched player walks slowly forward and the tackler puts both hands on his back.
- 3. Two support players drive the tackler away, allowing the ball carrier to place or offload.