



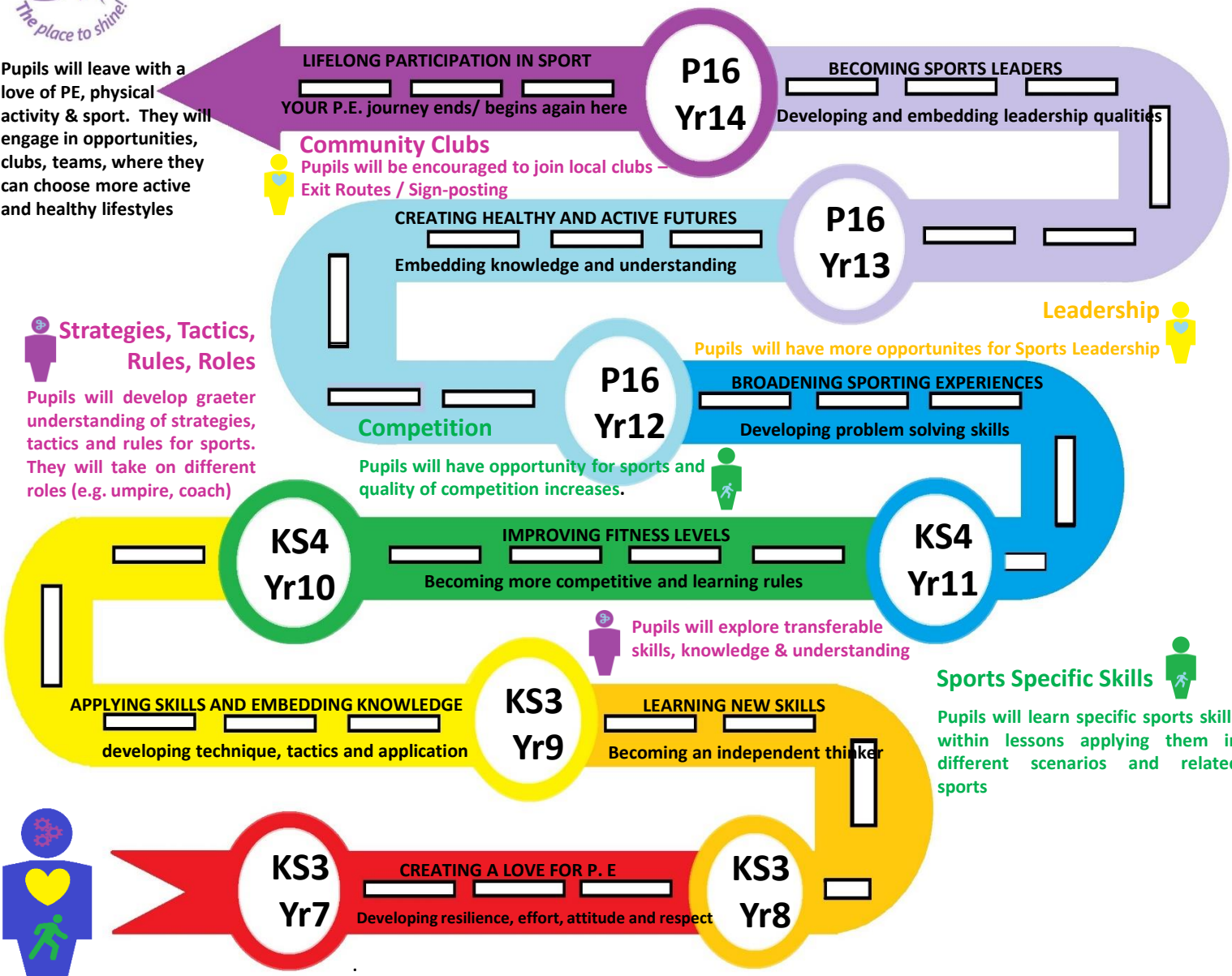
# Meadowside School P.E. Road Map

Pupils will leave with a love of PE, physical activity & sport. They will engage in opportunities, clubs, teams, where they can choose more active and healthy lifestyles

**Strategies, Tactics, Rules, Roles**  
Pupils will develop greater understanding of strategies, tactics and rules for sports. They will take on different roles (e.g. umpire, coach)



**YOUR P.E. journey starts here**



## YOU in P.E.

### Head (cognitive)

- Knowledge & Understanding
- Problem solving
- Decision making
- Tactics
- Rules
- Independent Thinker



### Heart (Social)

- Leadership
- Communication
- Attitude
- Respect
- Resilience
- Effort



### Body (Physical)

- Physical Development
- Skill Development
- Skill Application
- Fitness
- Technique
- Competitive



**Competition**  
Pupils will be introduced to competition – Intra / Inter Sportsday / Panathlon / School Games

