

Your Three Week Menu

Monday

Tuesday



Wednesday



Thursday



Friday



WEEK ONE

Beef/Veggie Burger in a Bun with Potato Wedges and Baked Beans or Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit, Cheese & Crackers and Yoghurt

Spaghetti Bolognese/Vegetarian Bolognese with Garlic Bread and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Apple Pie and Custard

Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit, Cheese & Crackers and Yoghurt

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Jam and Coconut Sponge

MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit, Cheese & Crackers and Yoghurt

WEEK TWO

Beef/Veggie Meatballs and Spaghetti in Herb and Tomato Sauce with Garlic Bread and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit, Cheese & Crackers and Yoghurt

Cheese and Ham/Vegetarian Pinwheel with Potato Wedges and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit Crumble and Custard

Homemade Steak/Vegetarian Pie with Mashed Potatoes, Seasonal Vegetables and Gravy

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit, Cheese & Crackers and Yoghurt

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Sticky Toffee Pudding and Custard

MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit, Cheese & Crackers and Yoghurt

WEEK THREE

Homemade Sausage/Quorn Twist with Mashed Potato and Seasonal Vegetables or Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit, Cheese & Crackers and Yoghurt

Bacon and Cheese/Vegetarian Pasta Bake with Crusty Bread and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Apple Sponge and Custard

Braised Beef/Quorn Fillet with Yorkshire Pudding Roast/Mashed Potatoes Seasonal Vegetables and Gravy

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit, Cheese & Crackers and Yoghurt

Sweet and Sour Chicken/Quorn with Rice and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Iced Chocolate Sponge Cake

MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit, Cheese & Crackers and Yoghurt

Available every day – Unlimited salad, fresh fruit platter, fresh bread, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team

